



Diet Analysis

Please list all food and drink consumed over two weekdays in boxes Day One and Day Two. Then list all food and drink consumed over a weekend in boxes Day Three and Day Four. Please include the times at which all food and drink were consumed. When listing drinks, cereals and desserts include any extra teaspoons of sugar added.

<p style="text-align: center;">Day One</p>	<p style="text-align: center;">Day Two</p>
<p style="text-align: center;">Day Three</p>	<p style="text-align: center;">Day Four</p>

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