



## **Immediate Dentures**

Immediate dentures are used to replace teeth immediately after an extraction. They are an approximate fit and an interim measure to be worn until complete healing and reshaping of the gums has taken place. This may take 3-6 months. Some looseness will occur with the denture as the healing process takes place and denture adhesive may be needed

### ***For the first 24 hours after your extraction:***

- Do not rinse excessively
- Do not exercise or take alcohol
- Do not smoke
- Do not take the denture out

### ***After the first 24 hours:***

- Do remove the denture and clean the teeth and clean the denture with toothpaste and a toothbrush
- Do rinse the mouth 4 times daily with warm salt water (one teaspoon of salt in a tumbler of water) Do this for the next 4 days to aid healing and prevent infection. Replace denture after cleaning
- Do ring the practice if you have any problems

### ***1 week after your extraction***

Leave the denture out every night after cleaning to help prevent infections developing

### ***6 months after your extraction***

After healing is complete, see your dentist for a replacement denture

N. PRASAD, B.D.S. (HONS), M.F.D.S. R.C.S. (ENG), B. MCCARTNEY, B.D.S.,  
L. FROST, B.D.S., F.D.S. R.C.P.S. (GLAS) SPECIALIST IN ORAL SURGERY

THE RED HOUSE DENTAL PRACTICE  
VICTORIA ROAD, MALTON, NORTH YORKSHIRE YO17 7JJ.  
TEL. 01653 693809  
EMAIL: [reception@redhousedentists.co.uk](mailto:reception@redhousedentists.co.uk)  
[www.redhousedentists.co.uk](http://www.redhousedentists.co.uk)